

We provide dedicated, specialist support to parents, children and young people affected by domestic abuse, helping them to understand their experiences and begin to recover. Our approach supports families to rebuild safety, wellbeing and independence together.

Every family's experience is different, so we offer a flexible range of support that responds to individual needs while recognising the relationships and connections between parents and their children.



Did you know
1 in 5
Children in the UK are exposed to domestic abuse, which often lasts for years.

Fframwaith Asesu'r Teulu ar y Cyd

JAFF

Joint Assessment Family Framework

This project is funded by Families First?



Domestic abuse can affect the whole family, which is why our support is open to you and your children, taking a holistic approach to safety, recovery and wellbeing.

GET IN TOUCH

03300 564456

CaerphillyFF@cyfannol.org.uk

Visit www.cyfannol.org.uk for:



- More information about our services
- Details of our Projects
- Self-Help Resources

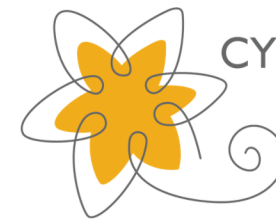


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Together we are stronger



CYMORTH | FENYWOD
CYFANNOL
WOMEN'S AID

Domestic Abuse Support for Children & Young People and Families in Caerphilly





Specialist One-to-one Support

We offer one-to-one support, designed to meet the individual needs of children and young people who have experienced domestic abuse in their families. Support is also available for young people experiencing abuse in their own relationships.

Suitable for ages 0 to 25

Evidence-based Programmes

We offer a range of specialist programmes for children and young people and adults who have experienced domestic abuse.

Suitable for ages 4 to 25

Group Sessions

Our less formal group sessions aim to build self-esteem, communication skills & support emotional development and peer relationships through a range of activities.

Suitable for ages 4 to 25

Parent and Child Support

We offer parent and child STAR (Safety, Trust And Respect) programmes for children and their non-abusive caregiver, aimed at improving communication and supporting recovery after domestic abuse.

Suitable for ages 4 to 11



Family Support

Domestic abuse can affect safety in many ways, both within and beyond the home. Our team works alongside families to understand their individual circumstances and address any concerns that may impact their sense of safety.

We provide coordinated packages of support, including personalised safety planning, emotional and wellbeing support, and practical measures such as security devices to help families feel safer in their own homes.

Our phone line is open **365** days a year, so you can reach out whenever you need to:

03300 564456

If you are in immediate danger, always dial

999