



CYMORTH I FENYWOD
CYFANNOL
WOMEN'S AID



We are here to support individuals and families who have been affected by domestic abuse or sexual violence

We can offer

- Someone to talk to in confidence
- Access to safe accommodation
- Support to stay in your own home
- Specialist support for your children
- Information on how to stay safe
- Help to regain control of your life

Services Include
Crisis support
Refuge
Floating support
Groupwork
Specialist support for 16-25 year-old women

Drop-in to our Torfaen office
3 Town Bridge Buildings
Park Road, Pontypool NP4 6JE

We are available
Mon - Fri 9.30am to 4.30pm

Call us on
03300 564456

Or email us
Torfaen@cyfannol.org.uk

Together we are stronger



CYMORTH I FENYWOD
CYFANNOL
WOMEN'S AID



Rydyn ni yma i gefnogi
unigolion a theuluoedd
sydd wedi cael eu
heffeithio gan
gam-drin domestigneu
drais rhywiol

Gallwn gynnig

Rhywun i siarad â
hi yn gyfrinachol

Mynediad i lety diogel

Cefnogaeth i aros
yn eich cartref
eich hun

Cefnogaeth
arbenigol i'ch plant

Gwybodaeth ar
sut i gadw'n ddiogel

Help i gymryd
rheolaeth ar eich
bywyd yn ôl

Mae
Gwasanaethau'n
Cynnwys
Cefnogaeth argyfwng
Lloches
Cefnogaeth symudol
Gwaith grŵp
Cefnogaeth arbenigol
i fenywod 16-25
mlwydd oed

Galwch heibio i'n swyddfa Torfaen
3 Town Bridge Buildings
Park Road, Pont-y-pŵl NP4 6JE

Rydym ar gael o
ddydd Llun i ddydd Gwener
9.30am i 4.30pm

**Ffoniwch ni ar
03300 564456**

Neu e-bostiwch
Torfaen@cyfannol.org.uk

Gyda'n gilydd rydym yn gryfach



www.cyfannol.org.uk



@Cyfannol



@Cyfannol



@CyfannolWAid