



To coincide with Sexual Abuse & Sexual Violence Awareness Week 2024, from 5th to 11th February, Horizon Sexual Violence Services (SVS) is exhibiting a collaborative creative reaction to the theme 'It's not OK'.

The exhibition documents the results from a series of practical workshops, which reflected on the words 'It's not OK'. The workshops, held at Llantarnam Grange, gave participants an alternate way to communicate and an opportunity to find their voice through creativity - a voice that may otherwise go unheard.

The processes and imagery explored symbolise the participants' journey of healing and transformation. The gilded hands communicate that what happened to them is not okay, the mosaic panels stand for their journey from silence to finding their voice, the gilded and back painted panels express their 'boundaries', and the butterflies made with shattered glass highlight the strength and resilience that survivors possess.

The aim of the exhibition is to provide an opportunity for Horizon SVS to promote healthy discussions, engage in dialogue, as well as shine a spotlight on what is normally a very hidden subject.

Horizon SVS is a project initiated by Cyfannol Women's Aid, an independent local charity which supports people across Gwent who have experienced any form of violence against women, domestic abuse or sexual violence.

IT'S NOT OK: A CREATIVE REACTION

5th to 11th February

Our impactful exhibition, presented by Horizon Sexual Violence Services (SVS) to mark Sexual Abuse & Sexual Violence Awareness Week 2024

Llantarnam Grange

St David's Road, Cwmbran, Torfaen NP44 1PD
Monday-Saturday 9:30am - 4pm





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Being in an environment where you're with like-minded people, going through similar situations, helps you to open up and understand yourself more

HOW TO REFER

We can accept referrals from individuals and agencies.
Contact us via:

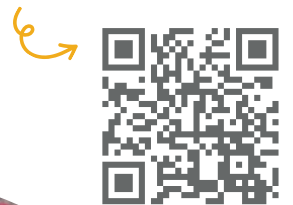
 horizonsvs.org.uk

 03300 564456

 horizon@cyfannol.org.uk

Horizon Services Referral Form

Scan this QR code to fill out our online Referral Form





NID YW'N IAWN: ADWAITH CREADIGOL

5 i 11 Chwefror

Ein harddangosfa drawiadol, a gyflwynir gan Wasanaethau Trais Rhywiol Horizon (SVS) i nodi Wythnos Ymwybyddiaeth o Gam-drin Rhywiol a Thrais Rhywiol 2024

Llantarnam Grange

St David's Road Cwmbran Torfaen NP44 1PD
Monday - Saturday 9:30 - 4



I gyd-fynd ag Wythnos Ymwybyddiaeth o Gam-drin Rhywiol a Thrais Rhywiol 2024, rhwng 5 a 11 Chwefror, mae Gwasanaethau Trais Rhywiol Horizon (SVS) yn arddangos ymateb creadigol cydweithredol i'r thema 'Nid yw'n iawn'.

Mae'r arddangosfa'n dogfennu canlyniadau cyfres o weithdai ymarferol, a oedd yn myfyrio ar y geiriau 'Nid yw'n iawn'. Rhoddodd y gweithdai, a gynhaliwyd yn Llantarnam Grange, ffordd arall i'r cyfranogwyr gyfathrebu a chyfle i ddod o hyd i'w llais trwy greadigrwydd - llais na fyddai'n cael ei glywed fel arall.

Mae'r prosesau a'r delweddau a archwiliwyd yn symbol o daith iachâd a thrawsnewid y cyfranogwyr. Mae'r dwylo goreuog yn cyfleu nad yw'r hyn a ddigwyddodd iddynt yn iawn, mae'r paneli mosaig yn sefyll am eu taith o dawelwch i ddod o hyd i'w llais, mae'r paneli, sy'n oreuog ac sydd â chefn wedi'u paentio, yn mynegi eu 'ffiniau' ac mae'r pili-palod a wnaed â gwydr maluriedig yn amlygu cryfder a gwytnwch y goroewyr.

Nod yr arddangosfa yw rhoi cyfle i SVS Horizon hyrwyddo trafodaethau iach, cymryd rhan mewn deialog, yn ogystal â thynnu sylw at yr hyn sydd fel arfer yn bwnc hynod gudd.

Mae Horizon SVS yn brosiect a gychwynwyd gan Cymorth i Ferched Cyfannol, elusen leol annibynnol sy'n cefnogi pobl ledled Gwent sydd wedi profi unrhyw fath o drais yn erbyn menywod, cam-drin domestig neu drais rhywiol.

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Mae bod mewn amgylchedd lle rydych chi gyda phobl o'r un anian, yn mynd trwy sefyllfaoedd tebyg, yn eich helpu i lacio'ch tafod a deall eich hun yn well.

SUT I ATGYFEIRIO

Gallwn dderbyn atgyfeiriadau gan unigolion ac asiantaethau. Cysylltwch â ni drwy:

horizonsvs.org.uk

03300 564456

horizon@cyfannol.org.uk

Ffurflen Atgyfeirio Gwasanaethau Horizon

Sganiwch y cod QR hwn i lenwi ein Ffurflen Atgyfeirio ar-lein

