

Supporting individuals and families affected by violence against women, domestic abuse and sexual violence

Cyfannol Women's Aid provides specialist services across Gwent.

Our mission – to empower women and children to flourish in a life free from domestic abuse and sexual violence – is at the heart of everything we do.

Support ranges from practical help with accommodation, safety planning and accessing services, to emotional support via one-to-one appointments, outreach and groupwork. We also offer children and young people's services. Specialist support for survivors of sexual violence is available through our Horizon project.

Our services are listed in full overleaf

Our Centres • Tel: 03300 564456

Torfaen Office, 3 Town Bridge Buildings, Park Road, Pontypool NP4 6JE

Email: Torfaen@cyfannol.org.uk

Drop-in support available Mon-Fri 9.30am-4.30pm

Monmouthshire Multi Agency Centre, 26b Monk Street, Abergavenny NP7 5NP

Email: Monmouthshire@cyfannol.org.uk

Drop-in support available Mon-Fri 9.30am-4.30pm

Ebbw Vale Institute, Church Street, Ebbw Vale NP23 6BE

Email: BlaenauGwent@cyfannol.org.uk

Drop-in support available Mon-Fri 9.30am-4.30pm

Newport Office, 56 Stow Hill, Newport NP20 1JG

Email: Newport@cyfannol.org.uk

Phone support is available 24/7



Gwasanaethau Ymyrraeth Cymunedol

Ymyrraeth argyfwng
Llirrell gymorth 24 awr
Canolfannau galw hebio
Cefnogaeth 'synudol' yn y gymuned
Allgymorth
Grwpiau menywod
Allgymorth pendant

Gwasanaethau Lloches a Llety

Hyd at 48 o fannau lloches cymunedol a hunangynhwsol ar draws Torfaen, Casnewydd, Sir Fynwy, a Blaenau Gwent yn cefnogi: Teuluoedd a menywod sengl
Menywod sy'n profi sawl anfantais
Menywod ag anabledau/gofalwyr
Teuluoedd mwy/gyda phlant hŷn
Menywod ag anifeiliaid anwes



Gwasanaethau Plant a Phobl Ifanc

Gweithwyr cymorth arbenigol
Rhaglenni STAR
Grwpiau pobl ifanc
Prosiectau mentora
Cyswllt ysgol
Break4Change



Gwasanaethau Trais Rhywiol Horizon

Cynghorydd Trais Rhywiol Annibynnol (ISVA)
Gwasanaeth cwrseila cam-drin rhywiol
Llety
Eiriolaeth camfanteisio rhywiol
Pecyn Gymorth Adfer Trais Rhywiol
Grwpiau cymorth cynheiriad
Therapiau creadigol



Gwasanaethau Addysg a Hyfforddiant

Canolfan Gymeradwy Agored
Rhaglenn Freedom
Pecyn Gymorth Adfer
Cwrs Own My Life
Hyfforddiant cam-drin domestig
Hyfforddiant ymwybyddiaeth
Gwirfoddoli a phreintisiaethau



Horizon Sexual Violence Services

Independent Sexual Violence Advisor (ISVA)
Sexual abuse counselling service
Accommodation
Sexual exploitation advocacy
Sexual Violence Recovery Toolkit
Peer support groups
Creative therapies



Children & Young People Services

Specialist support workers
STAR programmes
Young people's groups
Mentoring projects
School liaison
Break4Change



Education & Training Services

Agored Approved Centre
Freedom programme
Recovery Toolkit
Own My Life Course
Domestic abuse training
Awareness training
Volunteering & apprenticeships



Community Intervention Services

Crisis intervention
24-hour helpline
Drop-in centres
Community-based 'floating' support
Outreach support
Women's groups
Assertive outreach

Refuge & Accommodation Services

Up to 48 communal and self-contained refuge spaces across Torfaen, Newport, Monmouthshire, & Blaenau Gwent supporting:
Families & single women
Women experiencing multiple disadvantages
Women with disabilities/carers
Larger families/with older children
Women with pets

Cefnogi unigolion a theuluoedd y mae trais yn erbyn menywod, cam-drin domestig a thrais rhywiol yn effeithio arnynt.



Mae Cymorth i Fenywod
Cyfannol yn darparu
gwasanaethau arbenigol
lledled Gwent.
Mae ein cenhadaeth – i rymuso
menywod a phlant i ffynnu
mewn bywyd sy'n rhydd o
gam-drin domestig a thrais
rhywiol – wrth wraidd
popeth a wnanw.

Mae cymorth yn amrywio o
gymorth ymarferol gyda llety,
cynllunio diogelwch a chyrchu
gwasanaethau, i gymorth emosïynol
drwy apwyntiadau un i un, gwaith
allgymorth a gwaith grŵp. Rydym
hefyd yn cynnig gwasanaethau
plant a phobl ifanc. Mae cymorth
arbenigol i oroeswyr trais rhywiol
ar gael drwy ein prosiect Horizon.

Rhestrir ein gwasanaethau yn llawn drosodd

Ein Canolfannau • Tel: 03300 564456

Swyddfa Tortaen, 3 Town Bridge Buildings, Park Road, Pont-y-pwl NP4 6JE
E-bost: Tortaen@cyfannol.org.uk
Cefnogaeth galw hebio ar gael Llun-Gwe 9.30am-4.30pm

Monmouthshire Multi Agency Centre, 26b Monk Street, Y Fenni NP7 5NP
E-bost: Monmouthshire@cyfannol.org.uk
Cefnogaeth galw hebio ar gael Llun-Gwe 9.30am-4.30pm

Swyddfa Casnewydd, 56 Stow Hill, Casnewydd NP20 1JG
E-bost: Newport@cyfannol.org.uk

Ebbw Vale Institute, Stryd yr Eglwys, Glynnebwy NP23 6BE
E-bost: Blanaugwent@cyfannol.org.uk
Cefnogaeth galw hebio ar gael Llun-Gwe 9.30am-4.30pm

Mae cymorth ffôn ar gael 24/7