

Introducing...



HORIZON

Grymuso Goroeswyr | **Empowering Survivors**
Trais Rhywiol | **of Sexual Violence**

This week is Sexual Abuse and Sexual Violence Awareness Week (5th - 11th February 2018). Cyfannol Women's Aid is proud to support this campaign, joining thousands of people across the UK in saying #itsnotok. To mark this week, we are excited to announce the relaunch and rebrand of our specialist sexual violence services under the new name, Horizon.

Our Horizon sexual violence support services are available to anyone in Gwent who has experienced rape, sexual violence or childhood abuse at any time in their life. We offer advocacy, tenancy support, easy access to sexual health professionals (in conjunction with Aneurin Bevan Health Board), counselling and group work, with many clients accessing multiple services. As an organisation committed to supporting women who have experienced any form of VAWDASV, we also offer spaces in our women's refuges for survivors of sexual violence.

Cyfannol Women's Aid began delivering sexual violence support services separate to domestic abuse services in Monmouthshire, Newport

and Torfaen six years ago, building on our expertise and experience in working with survivors of intimate partner sexual violence. Thanks to funding from the Gwent Police and Crime Commissioner and Henry Smith Charity, we are currently supporting more than 100 survivors through our sexual violence services.

For many of the individuals we work with, their abuse started in childhood. We understand the barriers people face when disclosing such traumatic events and hope to reach a wider audience through Horizon, empowering survivors, regardless of their age, gender, ethnicity or sexuality.

We are taking referrals into the Horizon service now and have some exciting developments in the pipeline, including a new interactive website. We are also currently piloting the Sexual Violence Recovery Toolkit - we're proud to be the first organisation in Gwent to be delivering this programme.

To make a referral, please get in touch with Sally Howells:
sally.howells@cyfannol.org.uk
We accept referrals from agencies, as well as self-referrals.

Our Horizon services

Independent Sexual Violence Advisors

Our ISVAs listen to survivors and respond to their needs, assisting them to gain support from other agencies as appropriate. ISVAs provide information about the legal process and rights, supporting individuals who decide to make a report to the police in all stages of the legal process. Our ISVA service is available whether the client chooses to report or not.

Sexual Violence Counselling

Specialist sexual violence Counselling is available for adults in confidential community spaces across Gwent.

The Sexual Violence Recovery Toolkit Programme

A 12-week programme that helps survivors, who are in a position to take part in a group, come to terms with their experiences and develop positive lifestyle and coping strategies.



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